Madison Reynolds

Senior Seminar A

October 15, 2010

**Annotated Source #4:**

Riley, Douglas A.. *Depressed Child: A Parent's Guide for Rescusing Kids*. Lanham, MD: Taylor Trade Publishing, 2001. Print.

*Depressed Child: A Parent’s Guide for Rescuing Kids*, was one of the three books Dr. Valenza offered me to progress my research. It is an extensive study on what youth and teenage depression is and how parents can help their children with it. Author, Dr. Douglas A. Riley, studied counseling psychology at Purdue University and Western Michigan University and is an expert on the bouts of childhood depression. It is an overview book so the author doesn’t specifically state a thesis, but he does make it apparent that childhood depression is continuing to rise and is an issue that needs to be further addressed. What I found interesting about this book was that Riley chose to take the stance of the depressed child in some sections examining how their minds actually work and how they’re lead to believe that they can’t receive help. Riley creates dialogue between an anonymous child and parent to show examples of what depressed children tend to say to signal they have an emotional disturbance. The book shows a logical flow of ideas and the author does an excellent job in examining every “part” of youth depression. This book has helped me progress my research and gain more of an understanding / factual knowledge of my research topic.